

YOGA WITH CLAIRE

Crowborough Community Centre, Pine Grove, Crowborough TN6 1FE

Claire Amos Mobile **07545 627478**

Claire Mclellan Mobile **07876 712302**

Here are the dates for next block of 9 classes:

THURSDAY EVENING CLASSES 7:15PM - 9:00PM	FRIDAY MORNING CLASSES 9:00AM - 10:30AM
Venue: MEETING ROOM 1 or DANCE STUDIO	Venue: MAIN HALL
Thursday 29th August 2019	Friday 30th August 2019
Thursday 5th September 2019	Friday 6th September 2019
Thursday 12th September 2019	Friday 13st September 2019
Thursday 19th September 2019	Friday 20th September 2019
Thursday 26th September 2019	Friday 27th September 2019
Thursday 3rd October 2019	Friday 4th October 2019
Thursday 10th October 2019	Friday 11th October 2019
Thursday 17th October 2019	Friday 18th October 2019
Thursday 24th October 2019	Friday 25th October 2019

We very much look forward to seeing you at the Yoga classes, to share with you the immense health benefits of practising Yoga in your life!

The investment will be £11.00 per class when paying for the 9-week block. If you prefer to pay-as-you-go then the rate is £14.00 per class. Please complete the slip below together with a payment of £99.00 and return it to Claire at your Yoga class.

Alternatively, send these to: **Claire Amos, Glendale, Ghyll Road, Crowborough, East Sussex TN6 1SU**

If you would like to pay by BACS, then my NatWest bank details are:

Account Number: 51634678 **Sort Code:** 60-06-27

(Please let me know should you pay by BACS so that I can check payment has been received)

I would be very grateful if you could let me know if you are unable to attend a class.

Thank you and we look forward to seeing you there!

Name: _____

Telephone: _____

Email Address: _____

I wish to book a place on Thursday Evening Class

I wish to book a place on Friday Morning Class